

Dr. Adam Silk, DC
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(212) 759-6666

CURRICULUM VITAE

Education

Life Chiropractic College	1991-1996
• <i>Doctor of Chiropractic</i>	
Brenau University	1995-1996
• <i>Physiological Therapeutics</i>	
International Pediatric Chiropractic Association	1994
• <i>Certified Webster Technique</i>	
Western New England College	1987-1991
• <i>Bachelor of Science</i>	

Experience

Silk Chiropractic, New York, NY	2008-present
• <i>Chiropractor / Owner</i>	
Complete Chiropractic, New York, NY	2004-2008
• <i>Chiropractor / Owner</i>	
B Chiropractic, New York, NY	1998-2004
• <i>Chiropractor / Owner</i>	
American Fitness Institute, New York, NY	2006-present
• <i>Director of Sports Science</i>	
• <i>Primary instructor Anatomy & Physiology</i>	
New Jersey State Athletic Control Board, Trenton, NJ	2007-present
• <i>License # 46660</i>	
• <i>Second (Boxing, Kickboxing, MMA)</i>	
Rhino Fight Team, New York, NY	2007-present
• <i>Team Chiropractor</i>	
• <i>Second (Corner & Cut-man)</i>	
• <i>Strength & Conditioning Coach</i>	
National Academy of Sports Medicine, Westlake Village, Ca	2005-present
• <i>NASM-BOC Provider # 364</i>	
New York University, New York, NY	2004
• <i>Department of Athletics</i>	

Appointments

Medical Health Reserve, New York, NY	2003-present
• <i>NYC Department of Health & Mental Hygiene</i>	
Village Voice, New York, NY	2003
• <i>Voted "Best Back Crack in NYC"</i>	
Dynamic Chiropractic Archives Vol. 29, Issue 1	2011
• <i>Conservative Treatment of Repetitive-Stress Injuries: Exercise Is The Key</i>	